

FIRST YEAR EXPERIENCE (FYEX)

FYEX 1110 First-Year Seminar 1-3 Credits

This course is designed to help students achieve greater success in college and in life. Students will learn many proven strategies for creating greater academic, professional, and personal success. Topics may include career exploration, time management, study and test-taking strategies to adapt to different learning environments, interpersonal relationships, wellness management, financial literacy, and campus and community resources.

Learning Outcomes

1. Recognize the ways in which s/he is responsible for her/his own experience in education.
2. Identify, locate, and utilize available campus resources essential for academic success.
3. Create long- and short-term goals associated with student success and career planning.
4. Implement time management techniques to organize the semester's workload.
5. Develop strategies to use individual strengths to succeed and reflect upon coursework and course progress in multiple classes to alter academic behaviors and create deeper meaning and learning.
6. Apply the skills essential for analyzing and solving problems in her/his academic, professional, and personal life, which may include financial literacy and wellness management.
7. Develop and apply essential skills such as reading, taking notes, studying, memorizing, taking tests, and self-management skills necessary for college success.
8. Identify and revise self-defeating patterns of behavior, thought, and emotion as well as unconscious limiting beliefs.
9. Develop supportive relationships with members of the campus community.
10. Develop essential reading, writing, and critical thinking skills used in study and in research.
11. Demonstrate understanding of how to use the computer for academic purposes, including learning management systems, email communications, research databases, degree audit, and other online resources.

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FYEX 1111 Introduction to College Studies 1 Credit (1)

Introduction to College Studies, is a comprehensive 16-week course designed to equip first-year students with essential strategies for achieving both academic and personal success. The curriculum covers vital topics including personal responsibility, goal setting, and time management, with the overarching goal of empowering students with the skills and mindset needed for success throughout their college journey and beyond. Additionally, the course introduces students to interdisciplinary theory, fostering exploration of connections among academic disciplines and guiding them in the development of their own personalized theory of interdisciplinary studies.

Learning Outcomes

1. Describe one's own career and life goals in the context of interdisciplinary theory.
2. List examples of managing one's own academic responsibilities, employing effective time management techniques to establish and manage short and long-term goals.
3. Identify campus resources that may be used for academic and career planning, as well as for overcoming barriers to college success.
4. Utilize technology, including online resources, for academic purposes.
5. Select examples of effective study strategies for optimized learning and academic performance.
6. Develop a distinct career and disciplinary (or interdisciplinary) identity aligned with personal strengths and academic-professional goals.
7. Demonstrate participation in campus events to foster community involvement and personal development.
8. Show collaborations in community-building projects to cultivate supportive relationships.
9. Discuss the significance of relationships in promoting academic and personal achievement.

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FYEX 1112 The Freshman Year Experience 3 Credits (3)

An introduction to the university and its resources; emphasis on development of academic and personal skills that enable freshmen to become successful learners.

Prerequisite(s): Freshman Standing Only

Learning Outcomes

1. Appreciate the goals, methods, and values of higher education
2. Expand intellectual development and self-direction
3. Establish a faculty mentor relationship
4. Enhance knowledge and practice of collaborative learning principles
5. Establish a familiarity with campus resources and student services
6. Develop public speaking, critical thinking, library research, and study strategies
7. Evaluate talents and interest in relation to selecting a major and career planning
8. Examine and clarify values
9. Acknowledge and enhance respect for diversity

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FYEX 1115 Transition from Military to University 3 Credits (3)

Making a positive transition from military to civilian life is key to success. This course will cover a variety of topics ranging from time management to critical thinking. This course is designed to assist military and veteran students in becoming more effective learners through self-awareness, effectiveness study & learning strategies, and interpersonal skills. Skills and techniques for managing military to civilian readjustment transition issues are discussed and examined.

Learning Outcomes

1. Demonstrate skills necessary to transition from a military to academic environment
2. Analyze acquired military skillsets and connect to academic major and career
3. Understand and demonstrate effective time management, test-taking strategies, stress management, and other key college success skills
4. Identify and utilize campus resources and student services

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FYEX 1116 Managing Your Money 1 Credit (1)

Principles and strategies for effective money management. Includes financial goal setting, both short and long term. Explores the relationship between career and income earning potential. Explores issues of credit and debt management and prevention of identity theft.

Learning Outcomes

1. Demonstrate understanding of the psychology of money and how it relates to personal financial decisions
2. Create realistic short- and long-term financial goals and a personal budget
3. Comprehend and manage college finances, including types of financial aid
4. Appreciate the importance of the Free Application for Federal Student Aid (FAFSA)
5. Describe the financial aspects of career development and how they apply to their own lives, including resume, taxes, salary, benefits
6. Apply principles of student loan management
7. Demonstrate use of credit reports in the prevention identity theft
8. Identify essential elements of smart spending and borrowing
9. Recognize debt and repayment costs
10. Explain the basics of saving and planning for the financial future
11. Create focused, developed, clear discussion posts and other written work for this class

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FYEX 1117 Financial Literacy Money Matters 1-3 Credits

This course will cover a variety of financial literacy topics ranging from budgeting to student loan repayment. This course is designed to assist students in becoming more financially literate.

Learning Outcomes

1. Master effective strategies and other skills related to financial literacy
2. Establish a familiarity with campus resources designed to foster financial literacy and wellness
3. Exhibit intellectual development and self-direction in relation to financial literacy and wellness
4. Identify financial literacy skills which best support individual financial well-being
5. Demonstrate skills and knowledge that allows the student to make informed and effective decisions with all of their financial resources.

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FYEX 1131 Personal Learning Skills I 1-3 Credits

Individualized programs for self-improvement in skill areas necessary for academic success in the university environment. Each course to bear an appropriate subtitle. Graded: S/U. Repeatable: up to 3 credits.

Learning Outcomes

1. Synthesize the importance of critical thinking through self-reflection and self-exploration
2. Analyze and apply critical thinking skills using the eight intellectual standards
3. Describe the common barriers to critical thinking and construct problem solving strategies
4. Evaluate information and knowledge to determine misinformation and inaccuracies
5. Demonstrate information literacy by recognizing when information is needed and being able to efficiently locate, accurately evaluate, effectively use, and clearly communicate the information in various formats and mediums

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FYEX 1132 Academic and Personal Effectiveness 2 Credits (2)

Learn academic self-analysis skills through the application of study and learning techniques to current course demands. Exposure to a variety of topics which enhance university and life-long learning.

Learning Outcomes

1. Students will demonstrate mastery of Student Learning Outcomes in time management, stress management, test taking, and other skills through completion of activities, quizzes, discussions, and more.
2. Students will be able to identify SENMC campus resources, including their services, location, and contact information.
3. Students will exhibit intellectual development and an improved self-direction through participation in the course.
4. Students will be able to identify and adopt those management skills which best support academic and career choices.

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FYEX 1133 Academic Reading and Study Skills 1 Credit (1)

Introduction to and practice with strategies for effective reading and studying at the college level.

Learning Outcomes

1. Use reading strategies to synthesize texts
2. Identify rhetorical elements of texts
3. Identify and apply different study methods
4. Recognize the role of student support services for student success
5. Identify and practice effective time management skills
6. Demonstrate proficient computer skills
7. Write an effective summary

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FYEX 1134 Speed Reading 1 Credit (1)

Introduction to strategies and techniques for increasing reading rate and comprehension related to academic areas.

Learning Outcomes

1. Demonstrate an understanding of speed reading strategies and eye movement drills
2. Expand vocabulary and reading comprehension
3. Improve reading rates and develop reading techniques
4. Demonstrate an understanding of skimming techniques and scanning strategies.

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FYEX 1140 Career Exploration 1 Credit (1)

Survey of careers possible with community college associate degrees. Information on how to make a career choice.

Learning Outcomes

1. Desired career and lifestyle
2. Areas of interest
3. Skills and abilities
4. Personal values
5. Programs that match the student's interests, abilities, and values
6. Three careers that match the student's interests, abilities, values, and personality

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FYEX 1150 Diversity at the University 3 Credits (3)

In this course students will engage in discussions about diversity at the university, what it means in today's society and local community, and build on its complexity. Graded: S/U.

Learning Outcomes

1. Acknowledge and enhance sensitivity and respect for diversity
2. Recognize and gain insight to diversity issues on college campuses
3. Analyze and interpret information about cultural differences, cultural rules, and cultural biases in their own society or about non-dominant or marginalized groups.
4. Articulate ways in which social identities such as race, class, and gender intersect to
5. influence individual life experiences and/or perspectives on and off campus.
6. Integrate, synthesize, and apply knowledge of other cultures in both a broad and focused context.

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FYEX 1160 Tutorial 1 Credit (1)

Development of specific skills required for college courses, such as note-taking, listening, and test-taking. To be taken in conjunction with a regular designated college course. Repeatable: up to 3 credits. Graded: S/U.

Learning Outcomes

1. Demonstrate the ability to organize their time in order to improve study habits.
2. Apply pre-reading strategies to improve reading concentration and comprehension.
3. Demonstrate basic understanding of the systems of the body.
4. Identify techniques to improve personal concentration and comprehension skills.
5. Identify and demonstrate listening skills.
6. Identify effective study and note taking skills.
7. Identify and demonstrate effective test-taking skills.
8. Identify critical thinking skills used in nursing.
9. Demonstrate knowledge of key terms.

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FYEX 1170 Gospel Choir 1 Credit (1)

Students will gain performance experience and exposure to urban contemporary gospel music. Open to all majors. May be taken for unlimited credit. Repeatable: for unlimited credit.

Learning Outcomes

1. Comprehended the foundation related to singing in a gospel choir setting
2. Demonstrate an understanding of the difference between the musical treble and bass clef
3. Expand vocabulary and reading comprehension of gospel music terminology.
4. Improve the speed and accuracy of music sheet and sight reading

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FYEX 1995 Cooperative Education in First Year Experience 3 Credits (3)

The Cooperative Education Course provides students with a comprehensive overview of career-related topics designed to assist with securing Cooperative Education and Internship employment. Students learn about philosophies and approaches to resumes, cover letters, interviewing, job searching, networking, and professionalism. A primary focus of the course is on experiential learning where students have opportunities to practice and implement course concepts including interviewing, networking, job searching, and document creation. In addition to exploring topics related to Cooperative Education and Internship, the course is designed to provide students with tools and strategies for successfully navigating the transition from student to employee.

Learning Outcomes

1. Demonstrate skills related to securing experiential learning experiences
2. Demonstrate knowledge related to the philosophies and approaches to resumes, cover letters, interviewing, cooperative education and internship search, and networking
3. Comprehend the importance of experiential learning experiences in relation to career development
4. Evaluate experiential learning opportunities and demonstrate comprehension of the skills and strategies necessary to transition from student to career

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FYEX 1996 Topics in First Year Experience 1-4 Credits

Covers specific study skills and critical thinking topics. Specific sub-titles to be listed in the Schedule of Classes. Repeatable: up to 8 credits.

Learning Outcomes

1. Varies

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FYEX 2111 Critical Thinking Skills 3 Credits (3)

Introduction to critical thinking processes. Develops higher order thinking necessary to evaluate clearly, logically, and accurately one's academic and life experiences. Practical emphases on assertive thinking and perspectives.

Learning Outcomes

1. Students will raise vital questions and problems, formulating them clearly and precisely.
2. Students will gather and assess relevant information, using abstract ideas to interpret it effectively, come to well-reasoned conclusions and solutions, and then against relevant criteria and standards.
3. Students will think open-mindedly within alternative systems of thought, recognizing and assessing assumptions, implications, and practical consequences.
4. Students will communicate effectively in figuring out solutions to complex problems.

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